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The Vegan Cookbook 100 Plant

This vegan broccoli soup is impossibly creamy, whole food plant based (WFPB), and tastes like the coziest bowl of comfort. And it's 100% made of veggies! This one tastes like an elevated version of broccoli cheese soup, and makes for a filling vegan meal.

40 Easy Vegan Recipes - A Couple Cooks

“trilogy cafe serves 100% organic, vegan & gluten-free food that can heal the body and balance the mind. we offer detox programs, fresh cold-pressed juice, superfood smoothies, catering, and thoughtfully crafted dishes. our delicious, healthy desserts and other vegan treats uplift the spirit and make it easy to nourish the body from the ...

Vegan Restaurant San Diego | Plant-Based Cafe | Trilogy Sanctuary

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I love the challenge of making my favorite recipes vegan, like when I figured out how to make the lasagna and enchiladas in my cookbook without the cheese. Honestly, the cheese-free variations are just as tempting as the originals. In total, the book offers 96 tested vegan/vegan-option recipes.

29 Delicious Vegan Dinner Recipes - Cookie and Kate

Add spring peas and vegan parmesan cheese for a satisfying plant-based meal. Author Minimalist Baker. Print. 4.89 from 230 votes. Prep Time 10 minutes. Cook Time 20 minutes. Total Time 30 minutes. Servings 4. Course Entree. Cuisine Gluten-Free, Italian-Inspired, Vegan. ... My cousin gave me a vegan cookbook and I've had a great time eating ...

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