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How to Stop Thinking About Suicide: 15 Steps (with Pictures)

He wrote ten books which appeared as bestsellers on selected book ranking charts including his first book *The Easy Way to Stop Smoking* (1985). [citation needed] The success of the original London clinic, through word-of-mouth and direct recommendation, has led to a worldwide network of 100 Easyway clinics in 35 countries plus the production of audio CDs and DVDs.

Allen Carr - Wikipedia

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...

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